

"I've learned a lot of life-changing strategies. I liked that through all the rough times, exciting times, and all the other moments that Children's Friend was there for us."

- parent of child participating in Family Counseling.

Mission

The mission of Children's Friend is to promote the well-being and healthy development of Rhode Island's most vulnerable children by providing flexible, effective and culturally relevant services that support and strengthen families and communities.

Family Counseling at Children's Friend



Children's
FRIEND



children's
FRIEND

153 Summer Street
Providence, RI
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Hear Me

childrensfriendri.org



About the Counseling Program

The Family Counseling Program provides culturally competent, innovative clinical services to vulnerable children and families. A family-centered and strengths-based approach is achieved through advocacy, collaboration, and comprehensive services. We believe supporting healthy family relationships enhances the social and emotional development of children and families.

Clinical issues addressed within families include:

- Behavior Problems
- Infant/Toddler Mental Health
- Parent/Child Attachment Issues
- Grief and Loss
- Parenting Skills
- Adoption and Post-Adoption Issues
- Depression
- Anxiety
- Trauma
- Sexual Abuse
- Domestic Violence
- Substance Abuse
- Parent/Child Relationships

Program Benefits

- We focus on family strengths and help clients achieve their goals.
- We encourage father involvement and participation.
- We are flexible and responsive, offering counseling in numerous settings.
- We promote infant/toddler mental health.
- We acknowledge and celebrate diversity.
- We are available after hours for emergencies.

Some services our licensed clinicians provide include:

- Individual counseling
- Family counseling
- Play therapy
- Parenting support
- Referrals
- Collaborations with services that family presently receives

What is Play Therapy?

Play therapy differs from regular play in that therapists help children address and resolve their own problems. Play therapy builds on the natural way that children learn about themselves and their relationships in the world around them.

Play is a child's first language. Therapists utilize play therapy to help children express their feelings.

How Do We Care for the Whole Family?

The program offers a continuum of care. Many families who come to us for counseling benefit from a range of other programs that Children's Friend offers. We also link families with a range of community resources outside the agency. We provide services in child care and school settings as well.

What About Eligibility & Payment?

Children and their families are eligible for the counseling program. We accept payment from RI Medical Assistance, Rite Care, Neighborhood Health Plan, Blue Cross, United Health Care, and DCYF. Families who do not have coverage may be eligible for our sliding scale program.

Anyone can make a referral. For more information regarding counseling services at Children's Friend contact the program manager, Michelle Harris at 401-276-4329 or mharris@cfsri.org.