



Delta Dental of Rhode Island

Certificate of Coverage

Delta Dental PPO Plus Premier<sup>SM</sup>

## Table of Contents

Welcome .....	1
Notice of Nondiscrimination & Language Services.....	2
Definitions.....	4
When You Join the Plan.....	7
Who Can Join.....	7
How You Join.....	8
When Coverage Begins.....	8
The Cost of Your Coverage .....	9
When Coverage Ends.....	9
When Your Dependent's Coverage Ends.....	10
Benefits After Cancellation.....	11
When You May Rejoin the Plan.....	11
Features of the Plan.....	11
Utilization Review Guidelines .....	11
Quality Management Programs .....	12
Assessment of New Dental Materials and Treatments .....	12
Continuity of Care.....	12
Pre-treatment Estimate .....	12
How to Use Delta Dental .....	13
Maximize Your Coverage with Participating Dentists.....	13
Finding a Participating Dentist .....	13
Payments for Services .....	14
Emergency Services.....	15
When Your Benefits May Be Continued .....	15
Federal Election to Continue Coverage (COBRA) .....	15
State Election to Continue Coverage.....	15
When There is Other Coverage .....	16
Right to Receive and Release Needed Information .....	16
Coordination of Benefits.....	16
Subrogation.....	18
Facility of Payment.....	18
Right of Recovery .....	18
When You Have a Claim .....	19
When to File a Claim.....	19
How to File a Claim .....	19
Claims Procedures / Appeals .....	19
Resolution of Inquiries and Complaints.....	23
Consumer Assistance Resource.....	23
Other Provisions .....	24
Claims Review.....	24
Access to Records .....	24
Document Changes .....	24
Notices .....	25
Acts of Providers.....	25
Right to Recover Overpayments .....	25
Legal Actions .....	26
Conformity with Applicable Laws .....	26
Preexisting Conditions.....	26
Waiting Periods.....	26
Services Not Covered by the Plan.....	26
Benefits Summary .....	separate document

Delta Dental of Rhode Island  
Certificate of Coverage  
Delta Dental PPO Plus Premier<sup>SM</sup>

Welcome to Delta Dental of Rhode Island's national program. This *Certificate* is a contract between *you* and Delta Dental of Rhode Island. *You* complete a benefits application; and, agree to pay related fees. *We* agree to provide benefits.

This *Certificate*, along with the *Benefits Summary*, describes the *Plan*. It describes the dental services covered by *your Plan*. It also explains how each is paid for and tells *you* how to use the *Plan*. Please contact Customer Service if *you* have any questions.

**Our toll free Customer Service number is:**

**1-800-843-3582**

Customer Service is open Monday through Thursday 8 a.m. to 7 p.m. (ET) and Fridays from 8 a.m. to 5 p.m. (ET). *Our* information line is available all day, every day.

*You* may also visit *us* online at [www.deltadentalri.com](http://www.deltadentalri.com).

**Send claims and written correspondence to:**

**Delta Dental of Rhode Island  
P.O. Box 1517  
Providence, RI 02901-1517**



This dental plan **does not** cover the pediatric dental services covered by the essential health benefits (EHB) benchmark plan in Rhode Island.

## NOTICE OF NONDISCRIMINATION AND ACCESSIBILITY POLICY

Delta Dental of Rhode Island does not discriminate on the basis of race, color, national origin, age, disability, or sex.

We provide appropriate, free, and timely aids and services, including qualified interpreters, for individuals and information in alternate formats, when these are needed to allow people with disabilities to participate equally.

We provide language assistance services, including translated documents and oral interpretation, free of charge; and, in a timely manner when these are needed to give access to people with limited English proficiency.

If *you* need these services, contact *us* at 1-800-843-3582.

If *you* believe we have failed to provide these services or discriminated on the basis of race, color, national origin, disability, or sex, *you* can file a grievance with: Civil Rights Coordinator, Delta Dental of Rhode Island, 10 Charles Street, Providence, RI 02904, or by calling 1-800-843-3582. *You* can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically, through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington DC 20201; 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

**Español (Spanish):** ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-843-3582.

**Português (Portuguese):** ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-843-3582.

**繁體中文 (Chinese):** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電1-800-843-3582。

**Kreyòl Ayisyen (French Creole):** ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-843-3582.

**ខ្មែរ (Cambodian):** ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសាដោយមិនគិតថ្លៃ គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-800-843-3582.

**Français (French):** ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-843-3582.

**Italiano (Italian):** ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-843-3582.

**ພາສາລາວ (Lao):** ໂບດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ ແສ້ງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-800-843-3582.

**ية (Arabic):**

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-843-3582 (رقم هاتف الصم والبكم: 1-800-843-3582).

**Русский (Russian):** ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-843-3582.

**Tiếng Việt (Vietnamese):** CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-843-3582.

**Bàsɔ̀wò-wùdù-po-nyò (Bassa):** Dè dɛ nìà kɛ dyédé gbo: ɔ jǔ ké m̀ [Bàsɔ̀wò-wùdù-po-nyò] jǔ ní, nìí, à wuɖu kà kò dò po-poò ðéin m̀ gbo kpáa. Ɖá 1-800-843-3582.

**Igbo asusu (Ibo):** Ige nti: O buru na asu Ibo asusu, enyemaka diri gi site na call 1-800-843-3582.

**èdè Yorùbá (Yoruba):** AKIYESI: Ti o ba nso ede Yoruba ofe ni iranlowo lori ede wa fun yin o. E pe ero ibanisoro yi 1-800-843-3582.

**Polski (Polish):** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-843-3582.

**한국어 (Korean):** 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-843-3582 번으로 전화해 주십시오.

**Tagalog (Tagalog – Filipino):** PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-843-3582.

**हिंदी (Hindi):** ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-843-3582 पर कॉल करें।

**ગુજરાતી (Gujarati):** સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-800-843-3582.

**λληνικά (Greek):** ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-800-843-3582.

## Definitions

This document contains words used in insurance and dentistry. We have given the meaning of these words here. These terms are in *italics*. If you are not clear about what these words mean, please come back to this page.

- *Adverse Benefit Decision* means a decision by Delta Dental not to pay (in whole or in part) for a *covered service*, including a denial; reduction; termination; or, failure to make a payment based on a pre-existing condition exclusion; a source of injury exclusion; retroactive rescission of coverage; or, other limitation on *covered services*.
- *Allowance* means the amount we base payment on for a *covered service*. The *Allowance* for a *Participating Dentist* is the LOWEST of the:
  - a) Amount set by the *local Delta Dental Plan* for each specific *dentist*;
  - b) Maximum amount the *local Delta Dental Plan* will pay any *dentist* for a *covered service*; or
  - c) Amount the *dentist* actually charges.

*Participating dentists* cannot charge Delta Dental patients more than the *allowance* for a *participating dentist*.

The *Allowance* for a *Non-participating Dentist* is:

- a) The lesser of the *dentist's* charge or the amount determined by the *local Delta Dental Plan*; or
  - b) The lesser of the *dentist's* charge or an amount equal to a percent of the Delta Submitted Charges Database for that service; or
  - c) The lesser of the *dentist's* charge or an amount listed on the *local Delta Dental Plan's non-participating dentist* fee table for that service.
- *Annual Maximum* means the most we will pay for *covered services* for a continuous 12-month period (usually a calendar year). The *annual maximum* is stated in the *Benefits Summary*.
  - *Benefits Summary* is a summary description of the services covered by this dental policy; with a schedule that shows you how much we pay toward a service. If a service is not listed in the *Benefits Summary*, we will not pay for it.
  - *Certificate* means this document and the *Benefits Summary*. This *Certificate* is your policy.
  - *Coinsurance/Copayment* means the amount you pay for *covered services*, after the *deductible*, if any, is met. *Coinsurance* is usually shown as a percentage and *copayment* as a fixed dollar amount. The amount of *coinsurance/copayment* varies with the type of *covered services* and is shown in the *Benefits Summary*.

- *Covered Services* means those services listed in the *Benefits Summary*. All *covered services* must be *dentally necessary* and appropriate to qualify for payment.
- *Date of Service* means the date that the service was done. For services requiring more than one visit, except *orthodontics*, the *Date of Service* is the final completion date (Examples: the insertion date of a denture; the date a permanent crown is cemented).
- *Deductible* means the amount *you* pay toward *covered services* before we begin paying benefits. *Deductibles* must be met each *policy year*. *Deductibles* may vary by type of benefits; or, by type of provider (participating vs. non-participating). They are specific dollar amounts for each *subscriber* and/or *dependent* per *policy year* or per lifetime as specified.
- *Dentally Necessary (Dental Necessity)* means that the dental services provided are appropriate, in terms of type, amount, frequency, level, setting, and duration to the *member's* diagnosis or condition. All *covered services* must be *dentally necessary* and appropriate to qualify for payment. We will make a determination whether a service is *dentally necessary* based on this "*dental necessity*" standard using criteria which is set forth in the utilization review plan and guidelines ("review guidelines") that we file with the Rhode Island Office of the Health Insurance Commissioner. These guidelines are based on generally accepted dental or scientific evidence and are consistent with generally accepted practice parameters. If a service is denied based on *dental necessity*, we will send *you* and *your dentist* a written notice explaining the reason(s) for the denial. The notice will refer to a guideline; protocol; or, criteria we used to make the denial. Refer to the **Claims Procedures** section of this *Certificate* for details on how to get more information regarding the review decision and procedures for filing an appeal. A copy of *our* review guidelines is available on *our* website at: [www.deltadentalri.com](http://www.deltadentalri.com).
- *Dentist* means any person licensed as a Doctor of Dental Medicine (DMD) or Doctor of Dental Surgery (DDS) practicing within the authority of his or her license. The term *dentist* includes an oral surgeon.
- *Dependent* typically means *your spouse* and *your* unmarried *dependent* children up to a certain age. A *spouse* includes a party to a same sex marriage; civil union; or, similar union entered into under applicable state laws. Refer to *your Benefits Summary* for *dependent* children age limits. **Your plan sponsor determines dependent eligibility terms.** If *you* have family coverage, *your* newborn infant and a newborn infant of a *dependent* child are eligible for coverage from birth. Adopted children are covered from the date of placement in the home. Foster children are covered from the date of the filing of the petition to adopt. Stepchildren and children under *your* own or *your spouse's* legal guardianship who permanently live in *your* household and are chiefly dependent on *you* for support, are also

considered *dependent* children. Married children are not considered *dependents*, regardless of their age.

- *Effective Date* means the date as shown in *our* records on which *your* coverage begins.
- *Emergency Service* means a service given to treat a person with a serious medical or health problem. That person needs to be seen by a provider **right away** to prevent permanent damage or death. A medical problem includes physical, mental, and dental conditions. (*Emergency service* is limited to services which are palliative and/or temporary and does not include services such as permanent fillings, crowns or root canals.)
- *Endodontics* means a specialty of dentistry that deals with treatment of diseases of the dental pulp (nerves, blood vessels and other tissues within the tooth). A root canal is an example of *endodontic* treatment.
- *Hygienist* means any person licensed as a dental *hygienist* practicing within the authority of his or her license.
- *Lifetime Maximum* means the most *we* will pay for *covered services* during a *subscriber's* or *dependent's* lifetime. This usually applies only to *orthodontic* services and implants if covered by *your plan*.
- *Local Delta Dental Plan* means the Delta Dental Plan that contracts with the *participating dentist* in a particular state. There are Delta Dental Plans covering all 50 states.
- *Member* means a *Subscriber* or *Dependent*.
- *Non-participating Dentist* means a *dentist* who does not have a contract with Delta Dental.
- *Orthodontics* means a specialty of dentistry concerned with prevention and correction of abnormalities in tooth position and their relationship to the jaw (straightening of teeth).
- *Participating Dentist* means a *dentist* who has a contract with the *local Delta Dental Plan* to provide *covered services* to *subscribers* and *dependents*. A *participating dentist* may belong to the PPO network, the Premier network, or both.
- *Pedodontics* means a specialty of dentistry concerned with the treatment of children.
- *Periodontics* means a specialty of dentistry concerned with diseases of the gums and other supportive structures of the teeth.
- *Plan* means the terms, conditions and benefits described in this *Certificate* and the *Benefits Summary*.
- *Plan Sponsor* means *your* employer or other organization / association that is sponsoring the *Plan*. In the case of a group subject to the Employee Retirement Income Security Act of 1974 (ERISA), as amended, the *Plan Sponsor* is the individual or entity designated under that Act.



- *Policy Year* means the continuous 12 month period under which coverage is offered by *your plan sponsor*. *Your policy year* is either the calendar year or the timeframe beginning with *your group's* coverage start date and ending 12 months later.
- *Prosthodontics* means a specialty of dentistry concerned with the replacement of missing teeth by bridges and dentures.
- *Spouse* means *your legal spouse*. A *spouse* includes a party to a same sex marriage; civil union; or, similar union entered into under applicable state laws.
- *Subscriber* means someone who has applied for coverage and been approved by *us*; and, is eligible to get benefits under this *Certificate*. In the case of a *subscriber* who is less than 18 years of age, the parent or legal guardian must contract on behalf of the dependent child for the benefits described in this *Certificate*. The parent or legal guardian must assure the dependent child's compliance with any and all terms and conditions outlined in the policy.
- *Waiting Period* is the amount of time *you* must wait from *your effective date* before a service is covered. If *your plan* has a *waiting period*, it will be shown in the *Benefits Summary* that goes with this *Certificate*.
- *We, Our, Us and Delta Dental* means Delta Dental of Rhode Island located at 10 Charles Street, Providence, RI 02904-2208.
- *You and yours* means the *Subscriber*.

## When You Join the Plan

### Who Can Join

*You* and/or *your* eligible *dependents* can join the *Plan* if *your Plan Sponsor* agrees and complies with *our* underwriting guidelines. ***Your plan sponsor determines eligibility requirements for dependents.*** A parent or legal guardian must contract on behalf of a child who is less than 18 years old. The parent or legal guardian is liable for the child's compliance with any and all policy terms and conditions.

The *Plan* does not limit coverage based on genetic information. *We* will not: (i) adjust premiums based on genetic information; (ii) request / require genetic testing; or, (iii) collect genetic information from an individual before, or in connection with, enrollment in a plan; or, at any time for underwriting purposes.

*Your* eligible *dependents* typically are:

- ***Your legal spouse. A spouse includes a party to a same sex marriage; civil union; or, similar union entered into under applicable state laws.*** If you divorce, *your ex-spouse* will remain eligible for continued coverage under

the policy without additional premium until either *spouse* remarries. This is true unless the divorce or separation judgment states otherwise. If *you* remarry, the ex-spouse may, if the divorce judgment allows, stay covered as a *member* at additional premium.

- **Your unmarried *dependent* children** up to a certain age. Refer to *your Benefits Summary* for age limits.
- **Your unmarried children who have reached the *dependent* age limit up to a higher student age limit**, if a student at an accredited secondary school or college and primarily dependent on *you* for support.

**NOTE:** *Your plan sponsor* must agree to purchase coverage for students. If applicable, the student age limit will be listed in *your Benefits Summary*. *Your plan sponsor* determines student eligibility terms.

- **Your unmarried children who have reached the *dependent* age limit; and, who are mentally or physically disabled and cannot earn a living.** *You* must submit proof of *your* child's disability within 30 days of the child reaching the *dependent* age limit. The proof must be satisfactory to *us*. *You* must continue to provide proof of the disability upon request.

## How You Join

*You* enroll by completing, signing and returning to *us* or *your plan sponsor* an applicable form. Forms are available from *us* or *your plan sponsor*, or *you* may be able to enroll online. If *your* family status changes and *you* need to add or remove *dependents* from *your plan*, contact *us* or *your plan sponsor*. We can only accept membership changes from a *subscriber* or *your plan sponsor*.

## When Coverage Begins

Coverage generally starts the first of the month after *we* accept *your* completed and signed enrollment form and payment arrangements.

*Your plan sponsor* can tell *you* if there is a *waiting period* before *you* can join the *Plan*.

*You* must wait until *your plan sponsor's* next open enrollment period, if *you* or *your dependent(s)* do not enroll when first eligible. *You* may also enroll when there is a qualifying event. We establish what a qualifying event is. Examples include loss of other coverage, marriage, or death.

If *you* marry, *you* may enroll *your spouse* within 60 days of marriage. *You* must wait until *your plan sponsor's* next open enrollment period if *your spouse* does not enroll when first eligible. *Your spouse* may also enroll when there is a qualifying event.

If *you* have family coverage, *your* newborn infant and the newborn infant of a *dependent* child are covered from birth. Adopted children are covered from the date of home placement. Foster children are covered from the date of the petition to adopt filing. Stepchildren and children are considered *dependent* children if they: are under *your* own or *your spouse's* legal custody; permanently live in *your* household; and, chiefly depend on *you* for support. *We* do not consider married children *dependents*, regardless of their age.

Coverage generally begins on the first of the month after *we* accept *your* enrollment form. If *you* don't enroll within 60 days, *you* must wait until the next open enrollment period to enroll *dependents*. *Dependents* may enroll when there is a qualifying event.

Please tell *us* and *your plan sponsor* of any changes in *your* or *your dependent's* status. This includes marriage; births; reaching the *dependent* or student (if applicable) age limits; or, changes in *your* address. This will help *us* keep *our* records up to date.

## The Cost of Your Coverage

*You* and/or *your plan sponsor* pay the cost of coverage for *you* and *your* eligible *dependents*. The cost of coverage is based on the arrangement agreed to by *your plan sponsor*. This arrangement must comply with *our* underwriting guidelines.

## When Coverage Ends

*Your plan sponsor* or *we* may cancel *your* group's coverage under the terms of *our* contract with *your* group. If the group's coverage is cancelled, *your* coverage will also end on the same date. If *your* coverage ends, *we* will give *you* 30 days prior notice; and, include the reason for terminating *your* coverage.

In addition, *we* may cancel *your* coverage for the following reasons. Coverage generally ends on the last day of the month:

- *You* are no longer eligible for coverage.
- *You* or *your plan sponsor* cancel coverage by completing the applicable form.
- *You* make any fraudulent claim(s) or misrepresentation to *us* or to any *dentist*. Examples include loaning *your* ID card to someone else; or giving incorrect or incomplete information which led *us* to believe *you* were eligible for this coverage when in fact *you* were not. In such a case, cancellation will be as of *your effective date*. *We* will refund the premium charge *we* received. *We* will subtract from the refund any payments made for claims under this *Certificate*. If *we* have paid more for claims under this

*Certificate* than was paid to us in premium charges, we have the right to collect the excess from you.

- The premium charge is not paid within 30 days after it is due. *Your plan sponsor* is allowed a grace period of thirty-one (31) days for the payment of any premium due except the first. The *plan sponsor* will owe us the premium for the period between the due date and the cancellation date. In the case of a cancellation of *your* group's contract based on nonpayment of premiums, we will tell you in writing. We will honor any claims for *covered services* rendered before the written notification date.

However, except for non-payment of premiums, we will not contest the validity of this *Certificate* after it has been in force for 2 years based on representations made to us before it was in force; or, unless the representation is in writing signed by you; and, we provide a copy of the statement to you.

## When Your Dependent's Coverage Ends

*Your dependent's* coverage typically ends:

- When you are divorced from *your spouse\**, *your former dependent spouse* will be, unless a court says otherwise, considered *your dependent* until the earliest of:
  - a. the date you remarry, unless a court says you must continue to provide coverage. In that case, *your ex-spouse* can continue to be covered as a *member* of the group at an additional premium or
  - b. the date *your former dependent spouse* remarries; or
  - c. the date when he/she is no longer eligible for continued coverage as specified by a court; or
  - d. the date when you or *your spouse* cancels coverage; or
  - e. the date when *your plan* would have otherwise ended; or
  - f. the date when appropriate premium payments are not made.

\* *A spouse includes a party to a same sex marriage; civil union; or, similar union entered into under applicable state laws.*

- At the end of the month in which an eligible *dependent* child marries; or
- When a *dependent* child reaches the *dependent* age limit as set forth in *your plan's Benefits Summary*.

NOTE: If *your* unmarried *dependent* child is mentally or physically disabled and has reached the *dependent* age limit; and, he/she cannot earn a living, you may apply for continued coverage through *your plan sponsor*. You have 30 days from the date *your* child reaches the *dependent* age limit to apply.

*You* must include the medical reason for *your* request. *We* will review *your* application to decide if it meets *our* criteria.

NOTE: If *your plan sponsor* purchased student coverage, *your dependent* child may be able to continue coverage past the *dependent* age. The child must be enrolled as a student. If *you* have such coverage, the option will be listed in *your Benefits Summary* with a student age limit. ***Your plan sponsor determines student eligibility terms.***

## **Benefits After Cancellation**

All services must be complete to qualify for benefits. For example, permanent crowns must be cemented; bridges or dentures must be inserted. Once *your* coverage is cancelled, *you* won't have benefits for services finished after *your* cancellation date. *Your covered family members* won't have benefits either.

## **When You May Rejoin the Plan**

*You* may rejoin the same group *plan* after *you* cancel, during *your* group's next open enrollment period; or, another timeframe specified by *your plan sponsor*. If *your Plan* has a *waiting period*, this *waiting period* starts again, with the new *effective date*. *We* do not reinstate coverage back to the original *effective date*.

*You* may join again through a different group plan. *You* can do this anytime *you* become eligible for that plan. *Lifetime* and *annual maximums*; and, claim history that accumulated while *you* were covered under a previous plan, or any other plan, may be carried forward to *your* new plan.

## **Features of the Plan**

*Your plan* helps *you* maintain good dental health through regular dental care. It will help *you* pay for dental expenses. *We* describe *your* exact coverage in the *Benefits Summary*.

## **Utilization Review Guidelines**

*Our* Dental Case Management area reviews claims. These reviews help *us* decide if services meet *our* review guidelines. Claims reviewers are registered dental *hygienists*; or, dental assistants with clinical experience. They review claims and can approve services. Only a dental consultant, who is a licensed *dentist*, can deny a claim.

*We* review claims using written review guidelines. *We* base these on accepted standards of care in the dental profession. They are backed by statistical studies of practice patterns. They also comply with guidelines approved by

the Delta Dental Plans Association. These guidelines, as well as contract limits, help *us* make decisions. *We* create clinical guidelines and utilization review standards with guidance from the Dental Director; in-house dental consultants; and, a dental advisory committee. The committee is made up of *participating dentists*. *Our* dental consultants and dental advisory committee study trends in dentistry; the proven value of new materials and procedures; treatment longevity; and, local and national practice patterns.

## **Quality Management Programs**

*We* strive to provide high quality products and services. *We* do this by monitoring; identifying; and, tracking key issues over time. *We* deal with these issues as part of *our* review of *our* Quality Program.

## **Assessment of New Dental Materials and Treatments**

*We* study new dental materials and treatments. *We* also study how effective they are and the cost. Then, *we* decide if *we* will cover the material or treatment.

## **Continuity of Care**

If *your dentist* moves or decides not to participate, *you* can choose a new *dentist* from the network. There will not be a change *your* coverage or benefits. If *you* change from a *participating dentist* to a *non-participating dentist*, the treatment would still be covered. This is true as long as it is a covered benefit; but, *you* must pay any difference between *our* payment and the *dentist's* charge.

## **Pre-treatment Estimate**

When treatment is likely to cost more than \$300, *you* and *your dentist* should get an estimate before *you* get treatment. This includes treatment such as crowns; *periodontic*; *prosthodontic*; and *orthodontic* services.

After *your dentist* sends a request, *we* will review the treatment plan. Then, *we* will tell *you* and *your dentist* what the estimated payment will be for those services.

NOTE: Estimates are based on available benefits. The patient must be a *Delta Dental member* at the time the service is done. The estimate shows what money is available at the time the estimate is done. This can change because services may no longer be available on the date the service is done. For example, if *you* had other services paid for after the estimate, and *you* reach *your annual maximum*, there will be no money left to pay for the new service. Another example is if *you* lose coverage before the new service is done.

## How to Use Delta Dental

### Maximize Your Coverage with Participating Dentists

You have access to the nation's largest network of *dentists*. The network includes general *dentists* and specialists. *Members* do not need approval from *us* or their general *dentist* to see a specialist. This includes *dentists* that see only children.

By choosing a *dentist* from the network, *you* get the best value from *your* dental *plan*. That's because *participating dentists* agree to accept the *allowance* as full payment for *covered services*. That means that they will not bill *you* for any difference between the amount *we* allow and their actual charge.

Under *your* Delta Dental PPO Plus Premier plan, *you* can choose a *participating dentist* from either the PPO or Premier networks. That's because a *participating dentist* may belong to the PPO network; the Premier network; or to both. Ask *your dentist* which network(s) he or she belongs to before receiving services. For services that require a *coinsurance*, *you* will have lower out-of-pocket costs with a PPO *participating dentist*. That's because the PPO *allowance* is typically less than the Premier *allowance*.

*You* also can see a *dentist* that is not in *our* network. However, when *you* go to a *non-participating dentist*, it will usually cost *you* more money. That's because:

- 1.) *You* may have to pay a larger percent for services *you* receive.
- 2.) *You* must pay for any difference between the amount *we* allow and the amount the *dentist* charges.
- 3.) The amount *we* allow may be less than what *we* allow to a *participating dentist*.

### Finding a Participating Dentist

To find a *participating dentist* visit *our* website - [www.deltadentalri.com](http://www.deltadentalri.com). The *network* includes general *dentists* and specialists throughout Rhode Island. In addition, *members* have access to *participating* dentists throughout the remaining states through *our* association with the Delta Dental Plans Association. Follow the directions on *our* website to find a *participating dentist* in Rhode Island or in another state. When searching for a *dentist* outside of Rhode Island, make sure to select either the "PPO" or "Premier" dental plan. You'll get the names and addresses of *dentists* in *your* area; plus, maps and driving directions. *You* can also call Customer Service for help.

We don't require *you* or *your dentist* to get referrals to see a specialist; however, not all services done by a specialist may be covered under *your plan*. Check *your Benefits Summary* for a list of *covered services*. *Participating dentists* will file claims on *your* behalf; and, we will pay them directly.

## Payments for Services

**Participating dentists** will accept *your co-pay/coinsurance*; plus, *our* payment as payment in full for *covered services*. We will pay *participating dentists* directly.

When *your participating dentist* provides services that are not covered; or, *covered services* that do not meet *dental necessity* criteria, as per *our* review guidelines; *you* may be liable for the *dentist's* charge.

*Your participating dentist* may charge *you* more than the *allowance* when:

- *You* or *your dependents* get *covered services*; and, *you* have gone over the *annual maximum* or *lifetime maximum* amount for specified services.
- *You* and *your dentist* decide to use non-covered services such as, treatments or materials that cost more than those normally given by most *dentists* or, that are being done to improve *your* appearance. In these cases, we may pay an *allowance* suitable for a less costly, generally accepted material or service.

**Non-participating dentists** do not have a contract with Delta Dental. They haven't agreed to accept *your co-pay/coinsurance*; plus, *our* payment as payment in full for *covered services*. If you go to a *non-participating dentist*, *your* cost for services may be much more than the cost for those same services done by a *participating dentist*. You are also liable for the difference between *our* payment; and, the *non-participating dentist's* charge. You will also be liable for any *deductibles*; *copayments*; and, *coinsurance* amounts. You may have to file *your own* claims; and, we usually send the benefit payments to you.

## **NOTE:**

- If *you* see more than one *dentist* for the same service; or need more than one visit, the total amount of *your* benefits will not be more than the amount that *you* would get if only one *dentist* gave all the treatment. *You* may be liable for the difference.
- If *you* or *your dependent* has coverage for *orthodontic* treatment, we will make periodic payments for these *covered services*; spread over the expected course of the treatment. If *you* or *your dependent* is already in active treatment when *you/he/she* becomes eligible for these



services, we will prorate *our* payments for the remaining treatment. Should coverage cease during active treatment, we will stop making payments as of the date the coverage ended; regardless of whether or not the treatment is complete.

## **Emergency Services**

We cover services that take place in a dental facility by a licensed *dentist*, as long as they are covered under *your plan*. We do not cover services received in a hospital; surgi-center; or, urgent care facility.

In the case of a life-threatening emergency, *you* should go to the nearest hospital. Hospital claims must be sent to *your* medical insurance plan. If *you* have an urgent dental condition, *you* should go to the nearest *dentist's* office. *You* do not need prior approval. We will only pay for *covered services*. Most dental offices treat existing patients within 24 hours for an urgent appointment. If *you* need help finding a *participating dentist*, call us at 800-843-3582. *You* can also use *our* online tool at [www.deltadentalri.com](http://www.deltadentalri.com).

## **When Your Benefits May Be Continued**

### **Federal Election to Continue Coverage (COBRA)**

*You* and *your dependents* may have the right under the Consolidated Omnibus Budget Reconciliation Act of 1986 (COBRA), to continue coverage through *your plan sponsor*. *You* can contact *your plan sponsor* about this option.

### **State Election to Continue Coverage**

*You* and *your dependents* may have the right to continue coverage for limited periods under different state laws. Under RI COBRA rules, coverage is available in Rhode Island whenever the employment of an insured member of a group health plan (including dental) ends because of involuntary layoff or death; or, because of the workplace ceasing to exist; or, because of the permanent reduction in size of the workforce. Coverage is available to the member whose employment ended; his or her surviving *spouse*; and any other *dependent(s)* who were covered under the plan. *You* will be charged the same monthly premium rate charged to the group.

Eligible persons may elect continuation coverage under the Plan for up to eighteen (18) months from the termination date of the insured member. Contact *your plan sponsor* for information about these options.

## When There is Other Coverage

### Right to Receive and Release Needed Information

We have the right to information related to claims filed under the *plan*. We can get this information from, or give it to, any organization or person with a legitimate interest. When *you* file a claim, *you* must give *us* any information needed to process the claim. *You* must give *us* information regarding other insurance coverage when *you* first enroll. *You* must also let *your dentist* know about other coverage when *you* get care. We will ask *you* for updated information from time to time.

### Coordination of Benefits

*Your plan* is designed to prevent overpayment of benefits when more than one Plan may cover the service. The other Plan may be a dental Plan or a medical plan that covers certain services also covered under this *plan*.

When *you* are covered by more than one Plan, one Plan is the "primary" Plan and the others are "secondary" Plans. When *you* file a claim, the primary Plan pays benefits first, up to the limits of the Plan. The secondary Plans adjust their benefits so that the total amount paid is not more than the cost of *covered services*. This process is called "Coordination of Benefits" (COB). If *you*, or a family *member*, are also covered by other medical or dental plans, we will coordinate payment with them. We use standard insurance industry guidelines in most cases. The standard guidelines that govern this process are shown below. If other guidelines apply to *your plan*, they will be in *your Benefits Summary*.

As used in these rules, the terms "Plan" and "Allowable Expenses" mean:

- "Plan" means any plan providing dental benefits or services, including government and insured or self-insured group or group-type coverages through an HMO or other prepayment, group practice or individual practice plan.
- "Allowable Expenses" means a necessary, reasonable and customary item of expense for dental care, all or part of which is covered by at least one Plan covering the person for whom the claim is made. Where a Plan provides dental benefits in the form of services rather than cash payments, the reasonable cash value of each service received will be considered both an Allowable Expense and a benefit paid.

If *you* are covered under more than one Plan, the total payment *you* get will never be more than *your* Allowable Expenses.

The National Association of Insurance Commissioners makes the rules about which Plan is primary; including:

- The Plan without a coordination of benefits provision is primary.
- When another Plan's rules and this *plan's* rules require this *plan* to pay its benefits first, this *plan* is primary.
- The Plan covering the patient directly rather than as an employee's *dependent* is primary.
- If a child is covered under both parents' Plans, the Plan of the parent whose birthday falls earlier in the calendar year is primary (the "birthday" rule) unless the other Plan has a "gender" rule.
- If a child is covered under both parents' Plans and the other Plan has a "gender" rule, the rule in the other Plan determines benefits. (The "gender" rule says that if a child is covered under both parents' Plans, the Plan of the male parent is primary).
- If the "birthday" rule applies, and both parents have the same birthday, the Plan covering a parent longest is primary.
- If the parents are separated or divorced, benefits for the child are decided in this order:
  - ◆ The Plan of the parent with custody.
  - ◆ The Plan of the *spouse* of the parent with custody.
  - ◆ The Plan of the parent not having custody, unless one of the parents is made responsible for the child's health expenses by a court decree.
- If the specific terms of a court decree state that the parents shall share joint custody, without stating that one of the parents is responsible for the dental care expenses of the child, the Plans covering the child shall follow the order of benefit determination rules outlined above.
- If a full-time student is eligible for coverage as a *dependent* under this *Certificate*, the benefits of any other coverage available because of student enrollment (except accident-only type coverage) will be determined before the benefits under this *plan*.
- The benefits of a Plan that covered a person as an employee who is neither laid off nor retired are determined before those of a Plan that covers that person as a laid off or retired employee. The same is true if a person is a *dependent* of a person covered as a retiree and an employee. If the other Plan does not have this rule, and if, as a result, the Plans do not agree on the order of benefits, this rule is ignored.

- If a person whose coverage is provided under a right of continuation pursuant to federal or state law also is covered under another Plan, the benefits are determined in the following order:
  - ◆ First, the benefits of a Plan covering the person as an employee, *member* or *subscriber* (or as that person's *dependent*);
  - ◆ Second, the benefits under the continuation coverage.
  - ◆ If the other plan does not have the rule described above, and if, as a result, the Plans do not agree on the order of benefits, this rule is ignored.
  - ◆ If payment responsibility is still unresolved, the Plan covering the patient longest is primary.

In general, if *you* exceed *your* benefits for a calendar year, the primary insurer will cover *you* up to its *allowance*. The secondary insurer will cover any allowable benefit *you* use over that amount. The insurers will never pay more than the total amount of coverage that would have been given if benefits were not coordinated.

## **Subrogation**

If someone caused *your* illness or injury, *you* may have the legal right to get back some of *your* dental care costs. When *you* have this right, *you* must let *us* use it if *we* decide to get back any payments we made for services related to the illness or injury. If *you* use this right to get money back from someone else, *you* must repay *us* for the payments *we* made. *Our* right to repayment comes first. It can be reduced only by *our* share of *your* reasonable cost of collecting *your* claim against the other person; or, if the payment received is for “other than dental expenses.” *You* must give *us* information and assistance and sign documents needed to help *us* get *our* payment back. *You* must not do anything that might limit *our* repayment.

## **Facility of Payment**

If another Plan pays a benefit that should have been paid under this *plan*, *we* may reimburse the other Plan for that amount. It will be considered a benefit paid by this *plan*.

## **Right of Recovery**

If *we* pay more than *we* should have paid under the COB provision, *we* have the right to get back the excess amount *we* paid. *We* can recoup from other insurance companies and organizations. *We* can get back the reasonable cash value of any benefits provided in the form of services.

## When You Have a Claim

### When to File a Claim

*You should send us completed claim forms for services covered under this Certificate. You have 12 months from the date you get services. All services must be complete to qualify for benefits; e.g., permanent crowns cemented; bridge or denture inserted. Participating dentists will submit claim forms on your behalf. You will not be responsible for payment on covered services when a participating dentist submits claims more than 12 months after the date you get the service; except, for any deductibles; copayments; coinsurance; or, amounts more than the annual or lifetime dollar maximums. We will deny claims that a non-participating dentist sends to us more than 12 months after you get the services. You must pay such claims, unless the failure to submit a claim within 12 months was because of a legal incapacity.*

### How to File a Claim

#### ***Participating Dentist***

When you go to a dentist who has agreed to participate, your claim will be filed for you. It will include all necessary supporting information, such as x-rays. We accept claims from dentists on paper and in an electronic, HIPAA compliant format.

#### ***Non-participating Dentist***

When you go to a dentist who is not participating, you must mail the claim to the following address. You don't have to do this if the dentist agrees to file it for you. Dental claim forms are available on our website at [www.deltadentalri.com](http://www.deltadentalri.com); or, from your dentist.

MAIL CLAIMS TO:           Delta Dental of Rhode Island  
                                  P.O. Box 1517  
                                  Providence, RI 02901-1517

### Claims Procedures

Call Customer Service if you have a question about how a claim was paid, or why we denied it. The number is **401-752-6100 or 800-843-3582**. Customer Service representatives are available Monday – Thursday from 8 a.m. to 7 p.m. ET, and Friday from 8 a.m. to 5 p.m. ET. You have a right to request a full and fair review of your claim. **To consider a claim for payment, we must get it within 12 months of the date you get the service.**

#### **Pre-treatment Estimates**

A pre-treatment estimate is a claim that is filed before you have a dental service. When treatment is likely to cost more than \$300, you and your dentist should get an estimate before you get treatment. This includes

treatment such as crowns; *periodontic*; *prosthodontic*; and *orthodontic* services.

After *your dentist* sends a request, *we* will review the treatment plan. After this review, *we* will tell *you* and *your dentist* what the estimated payment will be for those services.

NOTE: Estimates are based on available benefits. The patient must be a Delta Dental *member* at the time the service is done. The estimate shows what money is available at the time the estimate is done. This can change because benefits may no longer be available on the date the service is done. For example, if *you* had other services paid for after the estimate, and *you* reach *your annual maximum*, there will be no money left to pay for the new service. Another example is if *you* lose coverage before the new service is done.

*We* must have all of the information *we* need to review the plan; and, to make a benefit decision. *We* will send *you* written notice of *our* initial decision. *We* will send this notice within 15 calendar days. For urgent or emergency cases, *we* will give *you our* decision within 72 hours.

If the service is denied, the notice will explain the reason(s) for the denial. The notice will include the process for filing an appeal. Once a denial is made, *you* have 180 days from the day *you* get *our* notice to file an appeal.

### **Post-service Claims**

A post-service claim is a claim that is filed after dental care is done. All services must be complete to qualify for benefits; e.g., permanent crowns must be cemented; bridges or dentures must be inserted. *We* will send *you* written notice of an *adverse benefit decision*. *You* will get this notice within 30 calendar days of the day *we* get the claim. *We* will send *you* a notice if *we* can't process a post service claim because information is missing. The notice will be sent to *you* within 30 days. It will tell *you* what additional information *we* need to process the claim. A *participating dentist* must give *us* the information *we* need to process a claim. If not, the *dentist* may not charge the patient for any un-paid amount. Refer to the **Expedited Reviews** section for claims involving urgent or emergency services.

*We* will pay *your* claim within 40 days after *we* get of a complete paper claim; and, within 30 days after *we* get a complete electronic claim. A complete claim has all the supporting documents *we* need to make a claim decision. If *we* do not pay within this time, *we* will pay interest on the amount not paid. Interest will be paid at a rate of 12 percent per year in accordance with applicable law.

If the service is denied, the notice will explain the reason(s) why. It will include the process for filing an appeal. Once a denial is made, *you* have 180 days from the day *you* get *our* notice to file an appeal.

### **To Appeal an Adverse Benefit Decision**

If *you* get an *adverse benefit decision*, *you* have the right to have it reviewed. An adverse decision means a decision not to approve a service, in whole or in part. *Adverse benefit decisions* include:

- *Administrative adverse benefit decisions*. These do not require *us* to use dental judgment; or, clinical criteria. Examples include decisions not to approve because a *member* is not eligible for coverage; or, a decision that a benefit is not a covered benefit under the *Plan*; or, that the *waiting period* has not been met; or, that the frequency on a service has gone above the limit.
- *Non-administrative adverse benefit decisions*. These require *us* to use dental judgment; or, clinical criteria to determine if the service is *dentally necessary*. These decisions are made by *dentists* using *our* review guidelines. *Our* guidelines detail the clinical criteria that must be met for a service to be covered. These guidelines are found at [deltadentalri.com](http://deltadentalri.com).

Follow the process below to file an appeal. If *you* feel that *we* did not follow the appeals process as described here, *you* may contact the Rhode Island Resource, Education and Assistance Consumer Helpline (RIREACH). They are found at 1210 Pontiac Ave., Cranston, RI 02920, 1-855-747-3224, [www.rireach.org](http://www.rireach.org). This is Rhode Island's Health Insurance Consumer Assistance Program.

**When to File an Appeal:** *You* must file *your* appeal within 180 days of the date *you* get the original coverage denial.

**How and Where You Can File an Appeal:** *You* must file an appeal in writing. For urgent or emergency services\*, *you* may call Customer Service to start an appeal. Send *your* appeal to: Delta Dental of Rhode Island, Attn: Appeals, P.O. Box 1517, Providence, RI, 02901-1517. *Your* appeal should ask *us* to reconsider. Tell *us* why *you* believe the service was wrongly denied. Include a copy of the Explanation of Benefits or Pre-treatment Estimate notice. Include the patient's name; the *subscriber* identification number; and, a detailed description of *your* concern. Appeals of decisions based on *dental necessity* should also include clinical treatment notes; narratives; photos; x-rays; charting; and, any other necessary clinical documents that support *your* claim. To be covered, services must meet the criteria in *our* review guidelines. These are found at [deltadentalri.com](http://deltadentalri.com). *Your* appeal will be reviewed based on the material *you* send *us*. If the file is incomplete, *we* might not have all the information *we* need to make an appropriate decision. *You* should add any information that is relevant to reviewing the appeal.

The Explanation of Benefits or Pre-treatment Estimate notice has numbered messages. These messages explain the reason(s) for *our* denial. They also refer to any plan terms the decision was based on; and may refer to any guideline; protocol; or, criteria *we* used to make the denial. *You* have the right to see copies of all documents related to the claim. *We* will also give *you* a copy of any internal rule; guideline; or, protocol *we* used. *We* will also explain the scientific or clinical judgment *we* used to decide the claim. *We* will give *you* this information, if *you* ask for it, at no charge.

**Who Will Review Your Appeal:** Appeals will be researched by an Appeals Coordinator. He or she will talk with appropriate departments. Decisions will be made by those who know about the issues involved in *your* appeal. Appeals of *non-administrative adverse benefit decisions* will be reviewed by a licensed *dentist*. He or she will not have been involved in any prior reviews. The reviewer will not have been involved in the direct care of the patient.

**Response to Your Appeal:** *We* will reconsider *our* decision; and, send *you* a written response within 15 calendar days of receiving *your* appeal (72 hours for urgent or emergency services). If *we* do not change *our* decision, *you* have 180 days from the date *you* get *our* notice to continue the appeal process. Send *us* a written request for an appeal. *We* will send *you* a written response within 15 calendar days of receiving *your* request (72 hours for urgent or emergency services). Before *we* make a final internal appeal decision, *you* have the right to inspect the entire appeal file. *You* may add information. Additional information must be sent in writing. *We* will keep it confidential according to applicable state and federal laws.

**External Review Option:** If *your* final internal appeal to reverse a *non-administrative adverse benefit decision* is denied, *you* may request an external appeal. External appeals are sent to an independent review agency. *You* have 125 calendar days from the date *you* get *our* final internal appeal decision to send *your* request to *us* in writing. *You* can add information to the file for review. Send it to *us* in writing within 5 business days after starting the appeal. *We* will send all documents *we* reviewed to the review agency.

**Cost for External Review:** *You* must pay \$50 (up to a maximum of \$150 per *policy year per member*). Include a check made payable to Delta Dental of Rhode Island with *your* request.

**Response to Your External Appeal:** The review agency will notify *you* about the outcome of *your* appeal. They will do so within 10 calendar days of receiving all information needed to complete the review. If the external review agency overturns *our* decision, *we* will reimburse *you* for *your* share of the fee. *We* will do this within 60 days of the notice of overturn.



**Additional Information:** Under certain conditions, once the internal appeals process is done, the *member* may also have the right to bring a civil action. This right is given under Section 502(a) of the ERISA Act. The *member* does not have this right if he/she is a member of a governmental plan; church plan; or, a plan not established or maintained by an employer.

### **Expedited Reviews**

If *your* claim involves urgent or emergency services as defined below, *you* have the right to a speedy review. *We* will complete *our* review and make a decision within 72 hours. *We* must have all the information *we* need to review the claim. Call Customer Service to obtain a speedy review.

\*"Urgent services" includes those resources necessary to treat a symptomatic health care condition that a prudent layperson, acting reasonably would believe necessitates treatment within a 24 hour period of the onset of such a condition in order that the patient's health status not decline as a consequence. This does not include "emergency services" as defined below.

"Emergency services" means those resources provided in the event of the sudden onset of a health condition that the absence of immediate medical attention could reasonably be expected, by a prudent layperson, to result in placing the patient's health in serious jeopardy, serious impairment to bodily functions, or serious dysfunction of any bodily organ or part.

## **Resolution of Inquiries and Complaints**

### **Inquiries**

If *you* have questions or concerns, send an email to [customerservice@deltadentalri.com](mailto:customerservice@deltadentalri.com). *We* will try to resolve it as soon as *we* can. *Our* appeals process tells *you* how to appeal a claim decision.

### **Complaints**

If *you* have a complaint, send an email to [customerservice@deltadentalri.com](mailto:customerservice@deltadentalri.com); or, call *us* at 401-752-6100 or 800-843-3582. *We* settle most complaints on first contact. However, if *your* complaint needs more research (e.g., it involves quality of care; fraud; or, abuse, etc.), *we* will settle it as soon as *we* can. If *you* are not satisfied, *you* may call the Rhode Island Office of the Health Insurance Commissioner

## **Consumer Assistance Resource**

If you need help with an appeal or complaint, you may contact the Rhode Island Resource, Education and Assistance Consumer Helpline (RIREACH) at 1210 Pontiac Ave., Cranston, RI 02920, 1-855-747-3224, [www.rireach.org](http://www.rireach.org). This is Rhode Island's Health Insurance Consumer Assistance Program.

## Other Provisions

### Claims Review

This *Certificate* provides coverage only for *dentally necessary* and appropriate care. The decision whether a service is *dentally necessary* is solely for the purpose of claims payment. It is not a professional dental judgment. *You* have the right to appeal *our* decision. Refer to the **Claims Procedures** section, and the definition of “*dentally necessary*” in the **Definitions** section.

Although *we* may conduct review, *we* do not act as a *dentist*. *We* do not provide dental care. *We* do not make dental judgments. Nothing here changes or affects *your* relationship with *your dentist*.

### Access to Records

When *you* file a claim, *you* agree to give *us* the right to get, from any source, all dental records and/or related information that *we* need. *We* will keep *your* information confidential. *We* can also have a licensed *dentist* examine, at *our* expense, any person making a claim. *You* agree that *dentists* may give *us* individually identifiable health information. *You* also agree that *we* may use and disclose such information as described in *our* Notice of Privacy Practices. *You* can find this Notice on *our* website. *You* can also call Customer Service for a copy.

*Participating dentists* must give *us* all of the information *we* need to process *your* claim. They will not charge for this service. *Non-participating dentists* in Rhode Island must do this too.

If *you* get services outside Rhode Island from a *non-participating dentist*, *you* must help *us* get all of the records *we* need. *We* will not pay the *dentist* for giving *us* this information. If the *non-participating dentist* does not give *us* this information, *we* may not provide benefit payments to *you*.

### Document Changes

*We* or *your plan sponsor* may change *your Certificate*. This is usually done on *your group's* anniversary date. *Your plan sponsor* will notify *you*. *We* are not responsible if he or she does not. *Your Certificate* will be changed whether or not *you* have been notified by *your plan sponsor*. There will be an effective date for any change. The change will apply to all benefits for services *you* get on or after the effective date. No agent or broker has authority to change or waive any of the provisions of this *Certificate*. No change in the *Certificate* shall be valid unless approved by an officer of Delta Dental of Rhode Island; and made a written part of this *Certificate* or the accompanying *Benefits Summary*.

## Notices

To You: When we send a notice, we will send it by first class mail, e-mail or fax. Once we send the notice, we are not responsible for its delivery. It will be *your plan sponsor's* responsibility to notify *you* if the notice is sent to *your plan sponsor*. This applies to any bills for premium charges and, to a notice of a change in the premium charge or a change in the *Certificate*. If *your* name or mailing address changes, tell *us* and *your plan sponsor* at once. Be sure to give *us* and *your plan sponsor* both *your* old name and address and *your* new name and address.

To Us: Email *us* at [customerservice@deltadentalri.com](mailto:customerservice@deltadentalri.com) or send mail to:

Delta Dental of Rhode Island  
P.O. Box 1517  
Providence, RI 02901-1517.

Always include *your* name; and, *your* ID number.

## Acts of Providers

We will not get involved with the relationship between *dentists* and patients. We are not responsible if a *dentist* refuses to treat *you*. We are not liable for injuries or damages resulting from the acts or omissions of a *dentist*. We are not responsible if *you* are dissatisfied with the treatment or services *your dentist* provides.

## Right to Recover Overpayments

If we pay more than we should, we can get payment back from either *you*; or, the *dentist*. We can also deduct any payment we have made from any benefits properly paid under this policy if the payment was made:

1. In error; or
2. Due to a misstatement in a proof of loss; or
3. Due to fraud or misrepresentation of a material fact to procure coverage or under the terms of the coverage; or
4. For an ineligible person; or,
5. Due to a claim for which benefits are recoverable under any policy or act of law providing coverage for occupational injury or disease, to the extent that such benefits are recovered.

If we have already made claim payments to a covered person; we can reduce the payment we would make on a future claim to recoup an overpayment.

## Legal Actions

*You* are not allowed to file a lawsuit against *us* regarding a claim for benefits until at least sixty (60) days after *you* have submitted the claim. Also, *you* may not file a lawsuit against *us* regarding a claim for benefits more than 3 years after *you* are required to submit the claim.

## Conformity with Applicable Laws

We amend any term of this *Certificate* which conflicts with any relevant law. We do this to conform to the minimum requirements of such law.

This *Certificate*, and the *Benefits Summary*, is a description of *your* benefits; rights; and, obligations under the *plan*.

*Your subscriber* ID card identifies *you* as a person with these benefits. Please show the ID card to *your dentist* whenever *you* or *your dependents* get services.

## Preexisting Conditions

There are no preexisting condition limitations in this *plan*.

## Waiting Periods

Some dental plans require *you* to wait a certain amount of time before they will cover a given procedure. This is called a *waiting period*. If *your plan* has a *waiting period*, it will be noted in the *Benefits Summary*.

## Services Not Covered by the Plan

Unless otherwise stated in the *Benefits Summary*, the following are not covered:

- Services that are not *dentally necessary* and appropriate according to *our* review guidelines. Services subject to these guidelines include, but are not limited to, root canals; crowns and related services; bridges; periodontal services; *orthodontics*; and, oral surgery. We will make a decision whether a service *dentally necessary* based on these guidelines. A service may not be covered under these guidelines even if it was recommended by a *dentist*. *Our* guidelines can be found on *our* website at [www.deltadentalri.com](http://www.deltadentalri.com). *You* can have *your dentist* send *us* a request for a pre-treatment estimate in advance of the service to see if the service meets *our* guidelines.
- Services greater than the *annual maximum*.

- Services received from a dental or medical department maintained by or on behalf of an employer, a mutual benefit association, labor union, trustee or similar person or group.
- An illness or injury that *we* decide is employment-related.
- Services *you* would not have to pay for if *you* did not have this Delta Dental coverage.
- Services or supplies that are experimental in terms of generally accepted dental standards.
- Services done by a *dentist* who is a member of *your* immediate family.
- An illness, injury or dental condition for which benefits are, or would have been available, through a government program if *you* did not have this Delta Dental coverage.
- Services done by someone who is not a licensed *dentist* or a licensed *hygienist* working as authorized by applicable law.
- Exams by specialists, except for periodic oral exams.
- Consultations.
- Disorders related to the temporomandibular joints (TMJ), including night guards and surgery.
- Services to increase the height of teeth or restore occlusion.
- Restorations needed because you grind your teeth or due to erosion, abrasion, or attrition.
- Services done mainly to change or to improve *your* appearance.
- *Orthodontics*.
- Occlusal guards.
- Implants.
- Bone grafts.
- Splinting and other services to stabilize teeth.
- Laboratory or bacteriological tests or reports.
- Temporary, complete dentures or temporary, fixed bridges or crowns.
- Prescription drugs.
- Guided tissue regeneration.
- General anesthesia or intravenous sedation for non-surgical extractions, diagnostic, preventive, or minor restorative services.
- General anesthesia or intravenous sedation given by anyone other than a *dentist*.

We can adopt; and, apply, policies that we deem reasonable when we approve the eligibility of *subscribers*; and, the appropriateness of treatment plans and related charges.